

## Cottages & Apartments

Life Plan Communities across the United States offer independent private residences, shared dining and activities, healthcare management, assisted living, and memory support, all in one location.



*LCH residents will not have to move if they or their partners need increased care.*

Many people move into Life Plan Communities when they are younger seniors, for the support and social connections. These are vital, active places that allow people to “age in Community.”

*Currently this option does not exist in Humboldt County.*

People must move to Medford, Santa Rosa, or farther away to find Life Plan communities, leaving behind family and friends and long ties to the community.

Reflecting Humboldt County values and history, Life Care Humboldt will be a resident-led senior community that provides a continuum of services in a safe, secure, and environmentally responsible setting.

We want to support independence, socialization, personal growth, community involvement, and intellectual stimulation for ourselves and our neighbors.

## Why Life Care Humboldt?



### Rees and Amy ...

It is difficult to imagine leaving Humboldt County but there will be a time when our large two-story house and yard with all the maintenance challenges will no longer be practical. We would love to have an option like Life Care Humboldt that would allow us to stay local as we age near the people and the vibrant community we love.

### Buzz and Judy...

We do not need all the house that was once perfect for raising our family... Now we want to live “smaller” and

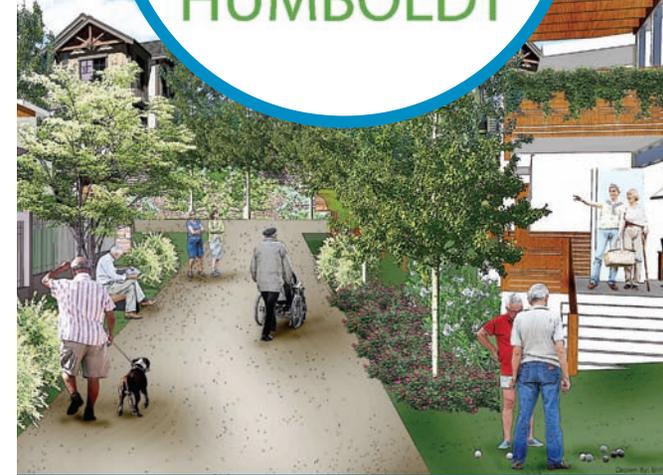


closer to services we need. Humboldt Life Care comes at just the right time for us to make the change and continue living in a place we love.



### Roberta Duggan...

Hopes, dreams, and the best planning cannot always prepare us for unexpected health events that suddenly alter the ability to live independently. I learned this first hand when my late husband developed Early Onset Alzheimer’s Disease... I was very excited to learn about Life Care Humboldt. I would have access to medical services and be prepared to transition to assisted living or memory care with minimal disruption. Most importantly, the Life Care Humboldt model would provide peace of mind for me and also for my adult children.



*Building a place to*  
**AGE in COMMUNITY**



[www.lifecarehumboldt.org](http://www.lifecarehumboldt.org)

Find us on 

## Life Care Humboldt

**A** new tax-exempt nonprofit has been formed to plan, build, and support a mixed-income Life Plan Community in Humboldt County, California.

We want local control and a place that reflects North Coast culture and values, and that includes a mix of income levels representative of Humboldt County's population.

The Life Care Humboldt (LCH) board, led by Ann Lindsay M.D., is comprised of local community leaders with deep commitments to the North Coast and experience implementing complex projects.

LCH is looking at 15+ acre sites in McKinleyville, Arcata, and Eureka to create a campus-like residential setting. We want to combine private residences with common social areas and open space, including areas to enjoy nature and to farm. We hope to begin preliminary design and due diligence of a preferred site in 2021. Groundbreaking could be from one to five years away.

The LCH board is learning from other Life Plan Communities and working with experienced advisors who have created mixed-income communities around the United States for help setting up the financial structure, operations, and design of our community.

To keep start-up expenses down, and residents' fees more affordable, we will start with a smaller number of Independent Living Residences, Assisted Living, Memory Care/Advanced Nursing places, and plan on expanding the number of units in the future.

## How Does It Work?

Life Plan fee structures vary, but people join these communities by paying an entry fee along with monthly payments. When two people share a space, there is a fractional increase in the entry and monthly fees.

Entry fees and monthly payments are based on the size of the residence and any additional services a resident might require. In order to accommodate various income levels there will be a mix of apartments, townhomes, and cottages and multiple entry options such as an "à la carte" menu of services.

You can find general information about Life Plan costs and benefits in the "Complete Guide to the Costs of Senior Living" on the LCH website, [www.lifecarehumboldt.org](http://www.lifecarehumboldt.org).



## How Can You Help?

- **Tell** your friends, both near and far
- **Join** the mailing list to stay updated
- **Complete** the online Design Survey
- **Attend** a Zoom "House Party"
- **DONATE!**

 Online: [lifecarehumboldt.org](http://lifecarehumboldt.org)

 By mail: Life Care Humboldt,  
2037 Blake Rd., McKinleyville, CA 95519

**We need your help to continue!  
Help us fund design, development,  
and building costs.**

**Email:** [LCH@lifecarehumboldt.org](mailto:LCH@lifecarehumboldt.org)

## Good for Individuals — Good for Humboldt

Often as people get older the money needed for care is tied up in their homes. This means that people often stay in their homes until a crisis point occurs. While we love our homes many older residents would like to downsize, to be closer to town and not as isolated, but currently there is a shortage of housing for seniors.

With 25% of the local population 60 or older, and with the 70-plus population growing for decades to come, the need for senior-friendly residences is clear. The Humboldt County Housing Plan states that this need "to accommodate the growing population of elders may be the number one housing challenge facing the County in coming years."

Life Care Humboldt will provide seniors secure, accessible homes with support as they age, open up housing stock, provide local jobs at all levels, and keep valued and loved people close to their friends and families.

**Life Care Humboldt Board**

- Ann Lindsay
- JoAnn Schuch
- Greg Orsini
- Marc Chaton
- Pat Girczyc
- Patty Berg
- George Williamson
- Kirk Girard

